

## October 2023

### **Understanding Medicare Part D** Monday, October 2 @ 6:30 pm

Holly Gripka, pharmacist and owner of The Medicine Store in Basehor will be hosting a free presentation at the library to help you better understand the complexity of Medicare Part D. Licensed Medicare Insurance Broker, Lisa Johanson, will be available to answer questions about any aspect of Medicare, not just the drug coverage. Now is the time to compare plans and make sure you have the right health and prescription drug coverage. Come see if you could benefit before open enrollment ends.

### **Prepping Your Pretties, Perennials, and Pots for the Winter** Wednesday, October 4 @ 6:30 pm

Leavenworth Master Gardeners, Meaghan Bircher and Anne Rielly, will discuss the best practices for winterizing perennials, pots and garden tools to prepare for spring time gardening!

### **Bridge Instruction: Opener's and Responder's Rebids** Thursday, October 12 @ 1:00-3:00 pm

"I have opened the bidding and my partner has responded. Now what is my second bid?"

In this class, we will use Bidding Flashcards by Marti Ronemus to practice. Christie Thomas Collier will be available to answer questions.

### **AARP Safe Driver Course** Monday, October 16 @ 9:00-1:00 pm

**Cost: \$20 for AARP Members/\$25 for non-members**

When you take the AARP Smart Driver course, you could be eligible for a multi-year discount on your auto insurance. Plus, safer driving can save you more than just money. The course teaches proven driving techniques to help keep you and your loved ones safe on the road.

*Registration is required. Participants will pay the instructor on the day of the class.*

### **Tech Help Drop-In**

Monday, October 23 @ 12:00-1:30 pm

Have a quick question about your smartphone, tablet, or computer? Need help with email, social media, or the internet? Our resident techies William and Mike will be available to answer your questions at this walk-in tech help session. No registration necessary. Bringing in your mobile devices is encouraged.

### **Brain Talks**

Join us this fall for **Brain Talks**, a series of discussions focusing on the brain at different stages of life. Recent research has dramatically changed the way scientists understand how the brain works. Hear about new findings and understand in layman's terms how our brains work at different ages.

#### **Trauma Basics in Childhood and Development** Tuesday, October 10 @ 6:30-7:30 pm

Shelby Burnett, LSCSW Doctoral Student, will be our first presenter in the series. Mrs. Burnett will offer definitions and information about how trauma affects the developing brain. She will explain the impacts on development and childhood and will offer ways to support individuals who have experienced adverse experiences.

#### **Stress and the Brain**

Wednesday, October 25 @ 6:30-7:30 pm

Stress is a normal part of our lives, but chronic stress can overwhelm our brains. Gray Hawk Elementary Principal Dustin Springer, PhD will explain what happens to your brain when you are under constant stress, how that stress can negatively impact your brain and body, and what strategies you can implement to widen your window of tolerance and build resilience within yourself.

#### **The Aging Brain**

Tuesday, November 14 @ 6:30-7:30 pm

Join us for the final program of our series. In this presentation, Dr. Maritza Buenaver, Geriatric Psychiatrist, will explain how the brain changes with age. We will discuss exactly what does change, what's normal and what isn't.

### **Haunted Trails**

Friday, October 27th, 7:00-9:00 pm

Basehor City Park, 158th and Leavenworth Rd.

The Teen Advisory Group invites you to our **Annual Haunted Trails!** For a \$1 donation you can enjoy this family-friendly event that is completely planned and performed by Basehor teens. Children ages 3 and under are free. All proceeds go toward the Library's Teen Programs. **Tickets go on sale October 10th.**

**We will be CLOSED October 9th**

# Adults

## Coffee Klatch

Monday, October 16 @ 9:30-10:30 am

Please join us for coffee (or tea!) and something sweet to eat while we have a lively discussion about the new books here at the library. Learn what's hot and discover a new title or two. We'll also share a little about the books we've been reading and recommending. Can't make it but would like to know what new books are available? Sign up for our e-mail alerts. You'll receive a list of new books and movies delivered directly to your inbox each week. Sign up on our website or give us a call and we'll sign you up.

## Thursday Evening Book Club

Thursday, October 26 @ 6:30 pm

*Before We Were Yours* by Lisa Wingate

The five Foss children find their lives changed forever when their parents leave them alone one stormy night in Memphis, Tennessee, 1936. Rill Foss must protect her four younger siblings as they are wrenched from their home on the Mississippi and thrown into the care of the infamous Georgia Tann, director of the Tennessee Children's Home Society. Years later, in South Carolina, Avery Stafford has lived a charmed life until a chance encounter with a stranger. *Before We Were Yours* alternates between the historical story of the Foss Children and the modern-day story of Avery Stafford while exploring adoption and the foster care system.

## Interviews with the Candidates

It's election year for Basehor City Council and USD #458 School Board members. Learn more about the candidates' backgrounds and positions on the issues by listening to recorded interviews on BCL Buzz, the library's YouTube channel. The interviews will be available by October 18.

## Fitness for Fun—Fitness for Life (55+)

Tuesdays and Thursdays

Class #1 is 10:00-10:45 am

Class #2 is 11:00-11:45 am

In these fitness classes designed for 55+, we will use a combination of exercises and hand weights to help strengthen and tone all areas of the body and work to increase balance. Paula Papst, Certified Fitness Trainer, ISSA, will lead this very fun and popular class. Please wear comfortable clothes and tennis shoes, and bring a yoga or exercise mat. Classes are free for all participants.

*Registration will begin the day of the first class, on October 3. If you can't come to the first class, you can phone in and register after 9 am on the first day of classes. Registration will be for the entire month. We will continue to offer the class by Zoom.*

*The October 5th classes will be Zoom ONLY because of the Friends of Basehor Library Book Sale.*

# Monthly Groups

## Bridge Club

Thursdays, October 5, 19, and 26 @ 1:00-3:00 pm

Following our successful bridge classes, we are now inviting players to meet and practice what they learned. We invite all experienced players to join as well. These will be fun afternoons of socializing and playing. No registration required.

## Dementia Support Group

Thursday, October 5 @ 6:30 pm

Join us in this safe, supportive environment for caregivers. Dr. Maritza Buenaver, Geriatric Psychiatrist specializing in dementia education, will guide us as we share our experiences. Anyone is welcome to join us. We meet in person, but Zoom is also an option. Please call the library for the Zoom link.

## Council on Aging Community Outreach and BINGO

Thursday, October 19, drop by 10:30-11:00 am

BINGO @ 11:00 am-12:00 pm

The Leavenworth County Council on Aging will be here to answer your questions from 10:30-11:00 am regarding services available to any person 60 or older, regardless of income. Then at 11:00 am, they will offer a few games of Bingo. For more information, contact the Council on Aging at (913) 684-0777.

## Mahjongg

Monday evenings @ 5:30-8:00 pm

Friday afternoons @ 1:00-4:00 pm

Mahjongg (American style), the Chinese game played with tiles, is sometimes compared to dominoes or the card game rummy. The 4 Winds Mahjongg League meets twice a week at the library. Come as often and as much as you like. Please note: The tables are reserved for experienced players. Would you like to learn how to play? We have an experienced player ready to teach newcomers. Give us a call at the library and we'll help you get started.

## Writer's Group

Tuesday evenings @ 6:30-8:00 pm

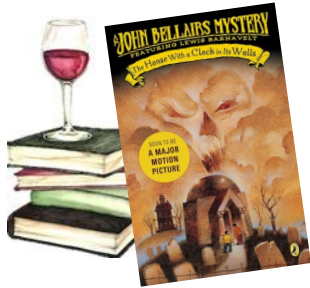
Have you thought about writing your family stories or finally getting started on that novel? Give the Basehor Writer's Group a try! For more information, email the group's facilitator at [tmus55@aol.com](mailto:tmus55@aol.com) or call the library.

# 20's & 30's

## Books n' Beverages Book Club

Thursday, October 12 @ 7:00 pm

*The House with the Clock in the Walls* by Lewis Barnavelt



When Lewis Barnavelt, an orphan, comes to stay with his uncle Jonathan, he expects to meet an ordinary person. But he is wrong. Uncle Jonathan and his next-door neighbor, Mrs. Zimmermann, are both magicians! Lewis is thrilled. At first, watching magic is enough. Then Lewis experiments with magic himself and unknowingly resurrects the former owner of the house: a woman named Selenna Izard. It seems that Selenna and her husband built a timepiece into the walls—a clock that could obliterate humankind. And only the Barnavelts can stop it!

Contact Amy at [aschaffer@basehorlibrary.org](mailto:aschaffer@basehorlibrary.org) for the location of the book club meeting.

# Teens (6-12th Grade)

## Anime Club

Tuesday, October 3

@ 4:00-6:00 pm

Do you like anime? Watch and discuss anime with other fans!



## Video Game Night

Thursday, October 5 @ 4:00-6:00 pm

Bring your consoles and play solo or against other teens!

## Haunted Trail Meetings

October 4, 10, 11, 17, 18, 23, 25, 26 @ 4:30 pm

It's....BACK!

We need your help planning our Haunted Trail. This is your chance not only to help the library, but to be scary while doing it

The Meeting on October 26 will be held at the BASEHOR CITY PARK.



## TEEN ONLY Outdoor Movies

7:00-8:45 pm

Oct. 7 – The Corpse Bride

Oct. 14 – Ernest Scared Stupid

Oct. 21 – Something Wicked This Way Comes

Oct. 28 – The Sixth Sense



## Flexible Book Club

Thursday, October 12 @ 4:30-6:00 pm

Hear about the newest teen books and get first pick of all the titles!



## High School Coffee House

Friday, October 20 @ 9:00 pm-Midnight

Join us for our annual coffeehouse. There will be snacks and drinks. Play games, watch movies, or just chat with your friends in this after hours program.

*This program is for Grades 9-12 ONLY.*



# Babies - 5<sup>th</sup> Grade

## Wiggle Workshop

Fridays @ 10:00-10:30 am

Toddler-5 yrs.

Welcome to the Wiggle Workshop, a 20-30 minute dance and movement time geared for littles and their parents or guardians. Please bring a workout mat or blanket to dance on and enjoy this fun and engaging wiggle time together. Parents are encouraged to participate in activities with children.



## Squirrel Scavenger Hunt

Friday, October 13-Sunday, October 22

Have you enjoyed Miss Jen's scavenger hunts around the library? It's time for another fun hunt—this time for some sneaky squirrels hiding around the library! A small prize will be available at the front desk when you bring us your completed scavenger hunt sheet.



## Book Character Pumpkin

The Month of October

Help us decorate our library with pumpkins! Come to the library to pick up a poster-sized pumpkin page, draw your favorite book or book character on it, and return it so we can put it on display for all our patrons to enjoy. We are so excited to see what you come up with!



You can pick up your drawings on or after November 6th.

## Children's Craft of the Month: "Silly Skeleton"

Don't get spooked by this Silly Skeleton! Come get your supplies to make this easy and fun Halloween-themed craft!



## Storytimes with Mr. Patrick

For the first two weeks of October Mr. Patrick will be away, so there will be some guest readers for Storytime. Come see who will read about pizza and other favorites! Then once Mr. Patrick gets back, he will share some new books and cookie stories with you before we have our annual Halloween Trick or Treat Storytimes! Make sure you come in costume the last week of October!

Tuesday mornings

@ 10:00-10:20 am AND 10:30-10:50 am  
STORYtots (Babies - 2 yrs.)

Wednesday mornings @ 10:00 - 10:30 am

STORYpals (Babies - 5 yrs.) Pack a blanket in the car, and if it is nice out, we may just enjoy books under the tree!

## Monarch Butterfly Tag & Release

Date TBA

Check out our Monarch Caterpillars as they go through their final stages from caterpillar to chrysalis to adult butterflies! We have special tags from KU's Monarch Watch program to place on them before releasing them on their journey to Mexico. Follow us on social media to join in on a butterfly release in early October!



## Reader's Theatre: "Fright Club"

Friday, October 20 @ 12:00-2:00 pm  
2nd Grade-5th Grade

Get your part, read the script, rehearse... then showtime! No acting experience necessary. Pizza will be provided to the kids at noon. Families are encouraged to come at 2:00 to view the final performance.

*Sign-up is required and will begin on October 10th.*



## LEGO Club: K-5th Grade

Wednesday, October 25 @ 4:00-5:30 pm

*\*No registration required but space is limited*

Join us for a low-key night of brick-building fun. With our huge supply of bricks and Lego people, the creative process has never been easier. What can you build?

*Parents, please note: Children under the age of 10 cannot be left alone in the library; a parent or guardian must remain in the building.*



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