

January 2024

Brain Talks: Stress and the Brain

Wednesday, January 10 @ 6:30-7:30 pm

We have rescheduled the second presentation in our Brain Talk series. Stress is a normal part of our lives, but chronic stress can overwhelm our brains. Gray Hawk Elementary Principal Dustin Springer, PhD will help us understand what happens to our brain when we are under constant stress.

Botanical Belonging: Get to Know Us

Tuesday, January 16 @ 6:30-7:30 pm

Did you know we have a local resource for native plant knowledge? Botanical Belonging is located in our community. They are a nonprofit organization dedicated to providing hands-on native plant learning. Join us for an informational meeting to discover what "botanical belonging" means, learn about the facility, and meet the founder, Patti Ragsdale. We hope you'll come with your native plant questions and help us explore ideas for how Botanical Belonging can help all of us get to know the native plants in our region.

Genre Book Club

Wednesday, January 17 @ 6:30-7:30 pm

We're launching a new book club to help you expand your reading horizons! Each month, we'll explore a different genre in this "Bring Your Own Book" club. We'll pick the genre, you pick the book. We'll discuss the genre as a whole and compare what we've read. Need suggestions? We'll have a list available at the front desk. **January's** genre: Alternate History.

Early Childhood Survey

Please take a moment to complete USD 458's Early Childhood survey. It will be used to inform the school district of the current early childhood needs in our



community, including health, education, and economic supports for families of young children. This data is utilized as USD 458 continues to grow early learning opportunities to fit the needs of our community. Thanks, in advance, for taking the time to provide this valuable information.

Adult Winter Reading

January 8-March 1

Winter is the perfect time to Read Snow Much! Between January 8 and March 1, read 3 books to earn a commemorative mug (while supplies last). If you're up for more, log an extra 2 books and earn a ticket for an entry into a drawing for one of 3 grand prize gift cards to local restaurants! Get started in the Beanstack app or ask staff for help registering starting January 3.

Tech Help Drop-In

Monday, January 22 @ 12:00-1:30 pm

Our resident techies William and Mike will be available to answer questions at this walk-in tech help session. No registration necessary. Bringing in your mobile devices is encouraged.

National Puzzle Day Competition

Monday, January 29 @ 5:30 pm-8:00 pm

Celebrate National Puzzle Day by being the fastest to complete a puzzle at the library! Teams of 2-4 will have 120 minutes to complete a 500-piece puzzle. First to finish wins! Anyone 13 years and older may compete. Spectators welcome, and snacks and drinks will be provided!

Registration is required and will begin January 15. Call or visit the library to register your team.

> We will be CLOSED January 1 and 15

Adults

Coffee Klatch

Monday, January 8 @ 9:30-10:30 am

Please join us for a lively discussion about multiple new and exciting books here at the library. Learn what's hot off the presses, and discover a new title or two. Don't be hesitant. We're a friendly and inviting group, and you only need to participate to your level of comfort. Often, participants choose to share a little about the books they've been reading and would recommend ...but there's never an obligation to do so. Happy reads!

Thursday Evening Book Club

Thursday, January 25 @ 6:30-7:30 pm Remarkably Bright Creatures by Shelby Van Pelt

Tova Sullivan works the night shift at the Sowell Bay Aquarium, where she becomes acquainted with curmudgeonly Marcellus, a giant Pacific octopus living at the aquarium. Marcellus is capable of more than anyone can imagine including, perhaps, finding out what happened to Tova's son who disappeared years before. This imaginative story of unlikely friendships, new beginnings and letting go is a BCL staff favorite.

Bridge Instruction

Thursday, January 11 @ 1:00-3:00 pm

Start the New Year learning one of the most common bridge conventions, Jacoby Transfer. We will talk about the convention and play example hands. Christie Thomas Collier, ACBL accredited instructor, will lead the discussion. Mark your calendar for more bridge classes on the second Thursday of each month.

Fitness for Fun—Fitness for Life (55+)

Tuesdays and Thursdays Class #1 is 10:00-10:45 am Class #2 is 11:00-11:45 am

In these fitness classes designed for 55+, we will use a combination of exercises and hand weights to help strengthen and tone all areas of the body and work to increase balance. Paula Papst, Certified Fitness Trainer, ISSA, will lead this very fun and popular class. Please wear comfortable clothes and tennis shoes, and bring a yoga or exercise mat. Classes are free for all participants.

Registration will begin the day of the first class, on January 2. If you can't come to the first class, you can phone in and register after 9 am on the first day of classes. Registration will be for the entire month.

We will continue to offer the class by Zoom. We also have a new recording you can view if you miss class. Email dweaver@basehorlibrary.org for the link to the recording.

Monthly Groups

Bridge Club

Thursdays, January 4, 18 and 25 @ 1:00-3:00 pm

Following our successful bridge classes, we are now inviting players to meet and practice what they learned. We invite all experienced players to join as well. These will be fun afternoons of socializing and playing. No registration required.

Dementia Support Group

Thursday, January 4 @ 6:30 pm

Join us in this safe, supportive environment for caregivers. Dr. Maritza Buenaver, Geriatric Psychiatrist specializing in dementia education, will guide us as we share our experiences. Anyone is welcome to join us. We meet in person, but Zoom is also an option. Please call the library for the Zoom link.

Council on Aging Community Outreach and BINGO

Thursday, January 18, drop by 10:30-11:00 am BINGO @ 11:00 am-12:00 pm

The Leavenworth County Council on Aging will be here to answer your questions from 10:30-11:00 am regarding services available to any person 60 or older, regardless of income. Then at 11:00 am, they will offer a few games of Bingo. For more information, contact the Council on Aging at (913) 684-0777.

Mahjongg

Monday evenings @ 5:30-8:00 pm Friday afternoons @ 1:00-4:00 pm

Mahjongg (American style), the Chinese game played with tiles, is sometimes compared to dominoes or the card game rummy. The 4 Winds Mahjongg League meets twice a week at the library. Come as often and as much as you like. Please note: The tables are reserved for experienced players. Would you like to learn how to play? We have an experienced player ready to teach newcomers. Give us a call at the library and we'll help you get started.

Writer's Group

Tuesday evenings @ 6:30-8:00 pm

Have you thought about writing your family stories or finally getting started on that novel? Give the Basehor Writer's Group a try! For more information, email the group's facilitator at tmus55@aol.com or call the library.

20's & 30's



Books n' Beverages Book Club

Thursday, January 11 @ 7:00 pm One by One by Ruth Ware

Getting snowed in at a luxurious, rustic ski chalet high in the French Alps doesn't sound like the worst problem in the world— especially when there's a breathtaking vista, a full -service chef and housekeeper, a cozy fire to keep you warm, and others to keep you company. Unless that company happens to be eight coworkers...each with something to gain, something to lose, and something to hide. When the cofounder of Snoop, a trendy London-based tech startup, organizes a weeklong trip for the team in the French Alps, it starts out as a corporate retreat like any other: PowerPoint presentations and strategy sessions broken up by

mandatory bonding on the slopes, but as soon as one shareholder upends the agenda by pushing a lucrative but contentious buyout offer, tensions simmer and loyalties are tested. The storm brewing inside the chalet is no match for the one outside, however, and a devastating avalanche leaves the group cut off from all access to the outside world. Even worse, one Snooper hadn't made it back from the slopes when the avalanche hit. As each hour passes without any sign of rescue, panic mounts, the chalet grows colder, and the group dwindles further...one by one

Contact Amy at aschaffer@basehorlibrary.org for the location of the book club meeting.

Teens (6-12th Grade)

Anime Club

Tuesday, January 2 and 16 @ 4:00-6:00 pm

Come watch and discuss anime with other fans!

Writers Wednesday

Wednesday, January 3, 10, 17, 24, and 31 @ 4:00-6:00 pm

Do you enjoy writing? Then join our group. We'll play games, tell stories, and there will be quiet time to write whatever you'd like. If you need or want input from other teens about a story, you can do that here too, but don't worry, sharing is not required.

Video Game Night

Thursday, January 4 @ 4:00-6:00 pm

Bring your consoles and play solo or against other teens!

T.A.G.

Tuesday, January 9 @ 4:00-6:00 pm

Teen Advisory Group meets once a month to plan and shape the teen program at the library.

Flexible Book Club

Thursday, January 11 @ 4:00-6:00 pm

Hear about the newest teen books and get first pick of all the titles!



Board Game Night

Thursday, January 18 @ 4:00-6:00 pm

Enjoy the ultimate retro-gaming! Choose from our selection of board and card games or bring your own!

Craft Night: Japanese Herbariums

Tuesday, January 23 @ 4:00-6:00 pm

Looking to add a colorful decoration to your room?



Japanese herbariums are dried flowers preserved in oil filled bottles. Choose how you fill your bottle. Will it just be colors you like or will you use the language of flowers to give your bottle an extra meaning?

Craft Night: Explosion Boxes

Thursday, January 25 @ 4:00-6:00 pm

A new way to display your interests and memories. When the lid is on it looks like a normal box but...remove that lid and the box cascades open to display layers of photos, trinkets, or any other words you want. If there's anything memorable you know you want in the box (pictures, poems, ticket stubs, etc) bring them with you. If you can't think of anything to add right way, don't worry, it can always be finished later!

Open Craft Night

Tuesday, January 30 @ 4:00-6:00 pm

Join us for this low-key craft night where we snack, craft, and talk.

Babies - 5th Grade

Wiggle Workshop

Fridays @ 10:00-10:30 am Toddler-5 yrs.

Welcome to the Wiggle Workshop, a 20-30 minute dance and movement time geared for littles and their



parents or guardians. Please bring a workout mat or blanket to dance on and enjoy this fun and engaging wiggle time together.

Lego Challenge Day

Wednesday, January 24 @ 6:00-7:00 pm 1st-5th Grade

Looking to put your Lego skills to the test? Then join us for our a-maze-ing Lego Challenge Day! You will be challenged to create a maze, and we will have some fun testing them out!



Sign-up is required and will begin on January 16th.

Save the date for our Annual Jea Party:

Bluey Tea Party!

Sunday, February 4 2:00-3:00 pm

It's time for our Annual Tea Party once again! Children ages 4-11 are invited to the library for a celebration. Come join us for tea with Bluey, Bingo, friends and family.

Registration begins Monday, January 29th. When you make your reservation, please include all names of guests attending the tea. Space is limited and reservations are required.



Storytimes with Mr. Patrick

Happy New Year from Mr. Patrick and friends! We can't wait to get started with another year of Storytime! We have some new Storytime stuff in the works as well as new themes galore. Books with new things, polar bears, new books, snowmen, and Bluey!! We can't wait for another fun year of storytelling!

Tuesday mornings @ 10:00-10:20 am AND 10:30-10:50 am STORYtots (Babies - 2 yrs.)

Wednesday mornings @ 10:00 - 10:30 am STORYpals (Babies - 5 yrs.)

Polar Bear Scavenger Hunt

December 20-January 2

We love how excited kids get when they come to the library for our scavenger hunts!

If you are home for the holidays, come see us to find some polar bears and get a treat.



LEGO Club: K-5th Grade

Wednesday, January 31 @ 4:00-5:30 pm

*No registration required but space is limited

Join us for a low-key night of brick-building fun. With our huge supply of bricks and Lego people, the creative process has never been easier. What can you build?

Parents, please note: Children under the age of 10 cannot be left alone in the library; a parent or guardian must remain in the building.

Children's Craft of the Month: "Polar Bear Plunge"

Use your handprint to make this Polar Bear plunge off an iceberg for a fun craft for the month of January. Crafts are free and available while supplies last.



